



CHRISTINANATURALS Beauty Essentials

Beauty beging from within

Anti- Aging Stress Formula

Multivitamin & Minerals
Time Release Formula
30 Individual Packets



Multi-Vitamins and Minerals Formula

30 INDIVIDUAL PACKETS

Stress Formula is designed to be a convenient one-a-day pack providing a carefully balanced multi-vitamin and mineral supplement with greater emphasis on those vitamins more rapidly exhausted under stress conditions.

This formula provides a gradual (timed) release of the B and C vitamins over a prolonged period of time.

Product Code. 331030



Distributed by:
CHRISTINA NATURAL

Supplement Facts		
Serving Size: One RED Capsule		
	Amount Per Serving	% Daily Value
Vitamin A	25,000 IU	500%
(from 15 mg of Beta Carotene)		

Other Ingredients: Soybean Oil and Gelatin Capsule.
Our Beta Carotene Capsules are a non-toxic form of Vitamin A. The body is able to control the conversion of Beta Carotene to Vitamin A in accordance with its needs. The rest of the Carotene is safely stored in the tissues where it can function as anti-oxidants.

Supplement Facts		
Serving Size: One AMBER Capsule		
	Amount Per Serving	% Daily Value
Vitamin E	400 IU	1333%
(as d-Alpha Tocopherol)		

(From mixed tocopherols including d-Alpha, Beta, Gamma and Delta, derived from natural vegetable oils.)
Other Ingredients: Soybean Oil and Gelatin Capsule.

Supplement Facts		
Serving Size: One BEIGE Tablet		
	Amount Per Serving	% Daily Value
Vitamin C	1,500 mg	2,500%
(as Ascorbic Acid with Rosehips)		

Other Ingredients: Stearic Acid and Magnesium Stearate.
Provides a sustained release of Vitamin C over a prolonged period.

Supplement Facts		
Serving Size: Two GREY Tablets		
	Amount Per Serving	% Daily Value
Calcium (from Amino A. Chelate)	1,000 mg	100%
Magnesium (from Amino A. Chelate)	500 mg	125%
Iron (from Iron Amino A. Chelate)	30 mg	167%
Iodine (from Icelandic Kelp)	300 mcg	200%
Copper (from Amino A. Chelate)	3 mg	150%
Zinc (from Zinc Amino A. Chelate)	22.5 mg	150%
Manganese (as Amino A. Chelate)	10 mg	500%
Potassium (from Potassium Chloride)	95 mg	3%
Chromium (as Ch. Amino A. Chelate)	200 mcg	167%
Selenium (from Selenium Yeast)	10 mcg	14%
Vitamin D (as Fish Liver Oil)	400 IU	100%
Betaine (as Betaine HCL)	100 mg	*
Glutamic Acid (as G. A. HCL)	100 mg	*

* Daily Value not established

Other Ingredients: Cellulose, Vegetable Powder, Croscara-mellose Sodium, Silicon Dioxide, and Magnesium Stearate.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately

Supplement Facts		
Serving Size: One DARK AMBER Capsule		
	Amount Per Serving	% Daily Value
Lecithin	1,200 mg	*
(from Soy Beans)		

* Daily Value not established

Other Ingredients: Soybean Oil and Gelatin Capsule.

Supplement Facts		
Serving Size: One YELLOW Tablet		
	Amount Per Serving	% Daily Value
Vitamin B-1 (Thiamine HCl)	130 mg	8,667%
Vitamin B-2 (Riboflavin)	130 mg	7,647%
Vitamin B-6 (Pyridoxine HCl)	130 mg	6,500%
Vitamin B-12 (Cobalamin Conc.)	130 mcg	2,167%
Niacinamide	130 mg	650%
Folic Acid	400 mcg	100%
Pantothenic Acid (Cal. Pantothenate)	130 mg	1,300%
Biotin	130 mcg	43%
Choline (Bitartrate)	130 mg	*
Inositol	130 mg	*
PABA (P-Aminobenzoic Acid)	130 mg	*

* Daily Value not established

Other Ingredients: Di-Calcium Phosphate, Magnesium Stearate, Stearic Acid, Silicon Dioxide, Magnesium Oxide in a base of Alfalfa, Watercress, Parsley, Rice Polish, Lecithin, Rosehips and Yeast.

**INDICACIONES:
UN PAQUETE AL DIA CON COMIDA
MANTENGASE FUERA DEL
ALCANCE DE LOS NIÑOS**

Suggested Use:
One packet daily

**Keep Out of Reach of
Children**

This product is formulated to provide a gradual (timed) release of the C and B vitamins over a prolonged period of time.